

# Success

## COACHING

ON THE JOURNEY WITH YOU

Winter 2025 Orientation



University Life  
**STUDENT SUCCESS COACHING**  
George Mason University®





# Together, we will explore...

- Getting to know each other
- Success Coaching at Mason
  - The role of a Success Coach
  - Our focus areas
  - What a coaching appointment looks like
  - How to make your first Success Coaching appointment
- The Patriot Experience Program
- Events and Programming
- Closing Activity + Q & A





# WARM UP

Let's get to know each other!



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**I am looking forward to my first  
semester at Mason.**



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A woman in a light green cardigan and floral top stands at the front of a classroom, giving a thumbs up and gesturing with her other hand. She is addressing a group of students who are seated at white tables. The students are looking towards her, and some are smiling. The classroom has green chairs and a whiteboard in the background. A laptop and a purple cup are on the table in the foreground.

**I am living on-campus this semester.**



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**I am feeling a bit nervous  
about my first semester.**



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I am from Virginia.



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A group of students are participating in a community service project at George Mason University. They are painting a wooden bench with green and yellow stripes. The students are smiling and looking at the camera. In the background, other students are also painting benches on a paved area with trees and buildings in the distance.

**I want to build a strong  
community at Mason.**



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An aerial photograph of a university campus during autumn. The scene is framed by a modern building with a glass facade on the left and a brick building on the right. In the center, there is a large green lawn surrounded by trees with vibrant orange and yellow foliage. A paved walkway with several benches leads through the lawn. In the background, more campus buildings and distant hills are visible under a clear sky.

**I have a pet at home.**



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A group of seven diverse students, four men and three women, are posing for a photo in a hallway. The hallway is decorated with numerous international flags hanging from the ceiling. The students are dressed in casual attire, including t-shirts, jeans, and backpacks. One student in the center is wearing a green t-shirt with 'MASON' printed on it. Another student on the right is wearing a grey t-shirt with a 'PATRIOT PRIDE' logo. The overall atmosphere is positive and welcoming.

**I feel financially ready  
for my first semester.**



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A wide-angle photograph of a university campus at sunset. The sky is a mix of orange, yellow, and blue. In the background, a large brick building with many windows is visible. In the foreground, there are concrete walkways, some greenery, and a few people walking. The overall atmosphere is calm and scenic.

# I know what Success Coaching is.



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# What do you think a Success Coach is?



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# Success Coach

*noun*

Success Coaches help students identify resources to enhance their Patriot experiences. Coaches work with students to help them develop and implement personal, career, and academic goals. We provide support and encouragement to help students continue writing their story while at Mason.







# Our Focus Areas









95%

of Mason students report being  
satisfied or extremely satisfied  
utilizing Success Coaching.



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# WE SERVE ALL STUDENTS

DC-CAP Race & Color Military Support Services Disability

Graduate Off-Campus Students Faith Student Parents EIP  
Religion

DREAM.US Foster Care Alumni Undergraduates Age

Citizenship Mason Korea AVID Socio-Economic Status

Transfer Students Formerly Incarcerated

Spirituality STEP HRL Student Leaders

ADVANCE On-Campus Sexual Orientation

Contemporary Students Adult Learners





# Are you an ADVANCE student?

## Connect with your ADVANCE Success Coach!



**Barrie Scheivert**  
**Last Names A-F**



**Kat Trejo**  
**Last Names G-N**



**Chris Davidson**  
**Last Names O-Z**

# ADVANCE

A NOVA | MASON PARTNERSHIP





# PATRIOT EXPERIENCE

DESIGN YOUR OWN MASON EXPERIENCE

GLOBAL  
CITIZENSHIP

WELL-BEING

CAREER  
READINESS

TRANSFER  
TRACK

CONNECT WITH  
CAMPUS  
RESOURCES

GET INVOLVED  
WITH CAMPUS  
ACTIVITIES

TRACK  
STUDENT  
INVOLVEMENT

LEARN OUTSIDE  
OF THE  
CLASSROOM

SCAN TO JOIN THE PATRIOT  
EXPERIENCE ON MASON360



## Looking to get connected on-campus? Check out Patriot Experience!

### MISSION

The Patriot Experience provides students with a focused approach to prepare for life after Mason by developing life skills through self-directed experiential learning.

### VISION

The Patriot Experience adds intentionality to the student experience.

**Learn More & Stay Connected With Us**



masonpe@gmu.edu



@PatriotExperience



patriotexperience.gmu.edu



# Winter Open House

Wednesday, February 5, 2025  
1pm-3pm

**SUB 1 Suite 3600 & 3B**

SSC Tour, activities, food, swag, & quick  
check-in with a Success Coach.

Save the Date



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Let's make your first  
**Success Coaching**  
appointment together!



**Scan here to find  
your Success Coach!**



# Traffic Light Activity

**Red = Something you want to stop doing this semester.**

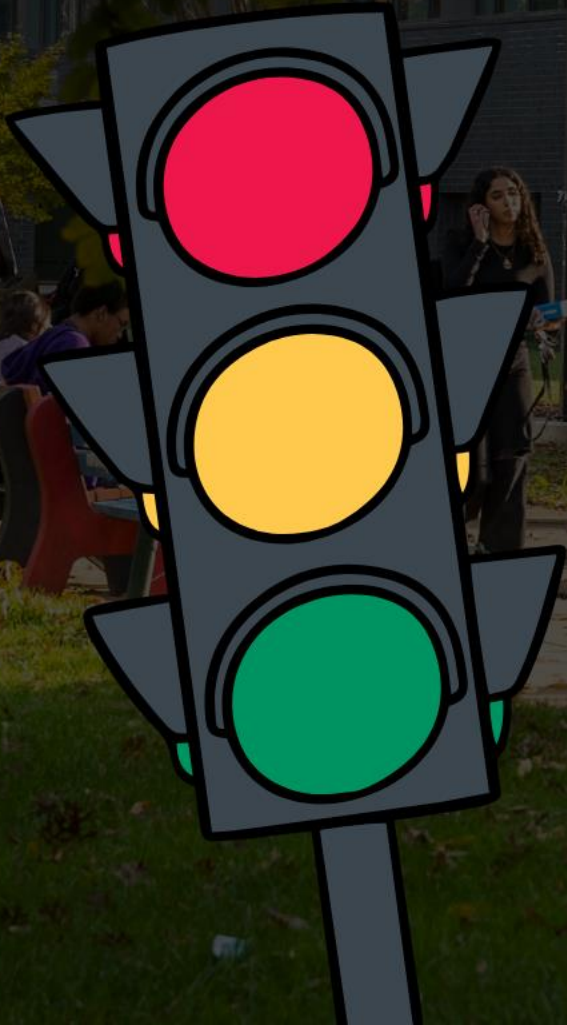
***Example: I want to stop staying up late.***

**Yellow = Something you want to continue doing.**

***Example: I want to continue looking for summer internships***

**Green = Something you want to start doing.**

***Example: I want to learn how to manage my calendar.***









# Connect with Student Success Coaching



@MyMasonCoach



linkedin.com/company/mymasoncoach/

http://



coaching.gmu.edu

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