

# WELCOME TO ORIENTATION!



UNIVERSITY STUDIES

Office of Undergraduate Education

[univstudies.gmu.edu](http://univstudies.gmu.edu)

## UNIV 100/300 – Introduction to Mason

*UNIV 100 - First Year Students*

*UNIV 300 – Transfer Students*



University Life

**NEW STUDENT AND  
FAMILY PROGRAMS**

George Mason University®

# Path for a Successful Transition to Mason

*A 1-credit, student-oriented holistic course that provides students with tools to*

- Be academically and personally successful*
- Lay the foundation for career-readiness*
- Engage in the college community*
- Take full advantage of all the opportunities George Mason has to offer*

# About Transition to Mason Courses

- Learn about George Mason policies & resources, e.g., the Academic Standards Code (formerly Honor Code), registration policies, internship and job opportunities, etc.
- Build skills, e.g., time and money management, career readiness, etc.
- Once a week for 1 hour and 15 minutes
- Discussion-based classes with max. 20 students
- Co-taught with a faculty and peer advisor (UNIV 100)
- 1 credit elective
- UNIV 300 is half a semester; can be taken for 0 credit!

# In collaboration with many campus partners...

***Campus partners that provide content or visit the class include:***

- Academic Advising
- Career Services
- LEAD Office
- Learning Services
- Library Services
- Mason Recreation
- OSCAR (Undergraduate Research)
- Student Conduct
- Student Involvement
- Student Support and Advocacy Center
- Study Abroad

\* Denotes MANDATORY topic. CP: Campus Partner

Date	Topics	Assignment Due (assignment weeks can be adjusted by the instructor)
Week 1 (01/21- 01/24) (Starts on Tuesday)	*Getting to Know Mason Introductions/Ice Breakers Review of Syllabus	
Week 2 (01/27-01/31)	*Time Management	Bring subject notebook/folder/binder Journal #1 in-class
Week 3 (02/03-02/07)	Campus Scavenger Hunt Student Involvement (can be CP Presentation)	
Week 4 (02/10-02/14)	Out And About - Team Building	Outside event #1
Week 5 (02/17-02/21)	*Academic Success (can be CP Presentation) Surviving Mid-Terms	Journal #2
Week 6 (02/24-02/28)	Academic Integrity Student Conduct (can be CP Presentation)	
Week 7 (03/03-03/07)	*Academic Advising and Course Registration (move date based on exact date registration opens)	Outside Event #2
Week 8 (03/10-03/14)	SPRING BREAK- NO CLASSES	
Week 9 (03/17-03/21)	Mental and Physical Wellbeing	Journal #3
Week 10 (03/24-03/28)	*Money Management	
Week 11 (03/31-04/04)	*Career Readiness and Resume Building (can be CP Presentation)	Academic Advisor Schedule Planning Form
Week 12 (04/07-04/11)	Alcohol and Drug Awareness	Outside Event #3
Week 13 (04/14-04/18)	- Instructor's Choice (Recommended: Undergraduate Ed. Topic (OSCAR or Fellowship opportunities))	Journal #4
Week 14 (04/21-04/25)	- Instructor's Choice	Resume
Week 15 (04/28-05/02)	Final presentations	Final assignment

## Student Learning Outcomes:

As a result of participating in UNIV 100, students will:

**Connect** with peers, faculty and the larger Mason community through **meaningful** interactions.

Be able to **access Mason resources** related to their personal growth, academic development and career planning & **plan** for an **effective use** of a few of these resources.

Be able to **reflect** on their experiences and strengths as they relate to their self-discovery and goals .



...getting the students on the *Right Start* for lasting results

...increasing connection and retention

... exposing the students to opportunities they can take advantage of right from the start



# What to Expect in Class?

No Exams!

## **Assignments:**

- Outside events
- Visit with Academic Advisor
- Short journal writing
- Resume

## **Practical Info, Fun Environment**

- Not an academic course
- Building and practicing valuable skills in a welcoming, micro-community



# Fall 2023 Sample Student Survey Findings

**Table 1: Percentage of students that agreed with the statements:  
"This course helped me with..."**

<b>My Personal Goals</b>	<b>92%</b>
<b>My Academic Goals</b>	<b>92%</b>
<b>My Career Goals</b>	<b>86%</b>
<b>Becoming more confident with locating appropriate help on campus when I have a question or concern</b>	<b>96%</b>

**Table 2: Percentage of students that agreed that as a result of taking the course, they**

<b>Know how to access resources at Mason</b>	<b>94%</b>
<b>Have the information they need to make informed choices regarding the honor code - plagiarism and cheating</b>	<b>90%</b>
<b>Have the information they need to make healthy choices</b>	<b>88%</b>
<b>Feel confident about managing their time and responsibilities</b>	<b>84%</b>
<b>Feel more comfortable using Patriot Web to schedule classes</b>	<b>91%</b>
<b>Are more aware of their own values, strengths, and areas for growth</b>	<b>90%</b>

# Thinking “I already know all this”?

Pre-class vs post-class student evals reveal even students who feel very confident about skills taught in the class beforehand say the class benefited them greatly in building those skills further...

# HOW TO REGISTER FOR UNIV 100



Go to **Patriot Web**

Under Subject,  
select

**"University  
Studies"**

Select the  
course/section  
that works for you

Enjoy your  
first semester!

Anyone can take the course!

# Other UNIV Classes for First Year & Transfer Students

## **First Year and Transfer:**

**UNIV 110/310:** Academic Success

**UNIV 170/370:** Building Resilience

**UNIV 170/370:** Financial Literacy

are designed for freshmen (with in-class modifications for the 300-level open to upper classmen).

**UNIV 220:** Decide/Confirm Major is recommended for students in their second semester or sophomore year.

## **Transfer Students:**

**UNIV-300:** Transfer Transition is highly encouraged for all transfer students in their first or second semester at Mason and is offered as a half-semester course.

**UNIV 320:** Internship/Career Readiness

# Q&A

Questions? Contact us!

Email: [univ@gmu.edu](mailto:univ@gmu.edu)

Website: [UnivStudies.gmu.edu](http://UnivStudies.gmu.edu)



UNIVERSITY STUDIES  
Transition To Mason

*The Right Start!*



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