



Student Success Coaching

New Student Orientation

Summer 2025



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**STUDENT SUCCESS
COACHING**
George Mason University®

Session Overview

- This or That
- Let's spill the tea about Success Coaching...
- Upcoming Events
- Stay Connected
- Q & A



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let's play
this  *that*

this  *that*

**LIVING ON
CAMPUS**



**COMMUTER
LIFE**



this  *that*

BEYONCE



**TAYLOR
SWIFT**



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this  *that*

**IN-STATE
STUDENT**

VIRGINIA

**OUT-OF-STATE
STUDENT**



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this ← *or* → *that*

**STUDY
ALONE**



**STUDY
GROUPS**



this ← *or* → *that*

STARBUCKS



DUNKIN



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this ← *or* → *that*



EARLY BIRD



NIGHT OWL



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this ← *or* → *that*

**FIRST-YEAR
STUDENT**

**TRANSFER
STUDENT**



this  *that*

**IN-PERSON
CLASSES**

**VIRTUAL
LEARNING**



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this  *that*



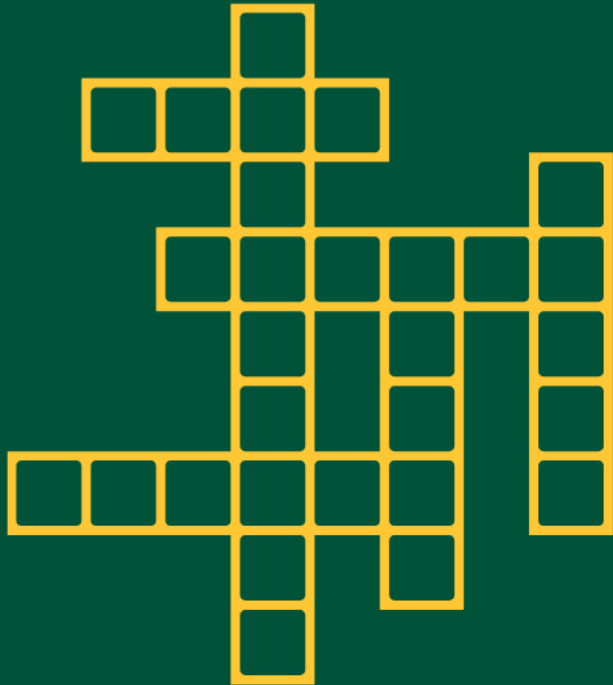
**PLAN
AHEAD**

**SEIZE THE
MOMENT**



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Coaching Crossword Challenge



- As we go through today's presentation, listen closely and watch the screen.
- You'll hear and see key terms related to Student Success Coaching.
- Use those clues to fill in your crossword puzzle – the answers are all around you!
- Lastly, you will use the numbered letters to unscramble the secret phrase.

Coaching Crossword Challenge



HOW TO WIN!

3 easy steps...

At the conclusion of the Q&A slide,

1. Be the first to complete the entire crossword.
2. THEN, use those **14** letters to unscramble and reveal the secret phrase.
3. NEXT, stand up and yell the secret phrase

What do you win?

Besides glory and campus fame? George Mason swag and a head start on your success journey.

START

Who?

Success Coach

noun

Success Coaches are here to help you thrive at George Mason! We'll work with you to set and reach your personal, career, and academic goals, connecting you to the right resources along the way. Think of us as your go-to partner to achieve your goals and for making the most of your Patriot journey.



WE SERVE ALL STUDENTS

DC-CAP Race & Color Military Support Services Disability

Graduate Off-Campus Students Faith Student Parents EIP
Religion

DREAM.US Foster Care Alumni Undergraduates Age

Citizenship Mason Korea AVID Socio-Economic Status

Transfer Students Formerly Incarcerated

Spirituality STEP HRL Student Leaders

ADVANCE Sexual Orientation

Contemporary Students Adult Learners

On-Campus



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What?

Student Success Coaching helps students:

- Develop short and long-term goals;
- Support skill building (e.g., time management, self-advocacy, boundary setting, etc.);
- Support overall well-being;
- Assist with action planning;
- Provide students support and best practices to achieve goals
- Support campus resource navigation.

All first-year and transfer students are assigned a Success Coach by first letter of their last name.

SSC Focus Wheel

We have nine (9) focus areas, but these don't limit what we can discuss



Where?

Success Coaching Modalities

(aka: how you can meet with a Success Coach)



In-Person
SUB 1
Suite 3600



Virtual
via
Zoom



Phone
Success Coach
will call you

Hours of Operation

- Monday – Thursday: 8am–6pm
- Fridays: 8am–5pm



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When?



When to meet with a Success Coach

We recommend meeting with your Success Coach at least twice a semester to check-in on your success journey and create action plans towards your goals.

You don't have to wait till you need help, check-in with your Success Coach when things are going well too!

When should I meet with an Academic Advisor vs. a Success Coach?

Your Academic Advisor is your primary resource to discuss course selection and overall degree progression.

Your Success Coach is a great resource to co-create academic, personal, and career action plans.



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Why?



Tailored Support: Coaching provides one-on-one and group support to help you define your definition of success, whether it's academic performance, career preparation, personal growth, or a blend of all.

Action Planning: Coaches work with you to break down big goals into manageable, actionable steps, making goals and success feel achievable.

Accountability & Motivation: Coaches serve as a consistent source of support and accountability, helping you stay on track and remain motivated, even when faced with challenges.

Navigating Challenges: Coaches are a sounding board for academic hurdles, helping students identify root causes of difficulties and connect with appropriate university resources (tutoring, writing center, disability services).



How?

Let's make your first
Success Coaching
appointment together via
Patriot Connect!



**Scan here to find
your Success Coach!**

Are you an ADVANCE student?

Connect with your ADVANCE Success Coach!



Barrie Scheivert
Last Names A–F



Kat Trejo
Last Names G–N



Chris Davidson
Last Names O–Z



Alexis Jenkins
Last Names A–Z

ADVANCE
A NOVA | MASON PARTNERSHIP



Connect with **Student Success Coaching** at an Upcoming Event



Friday, August 22: 3pm–5pm
Kickoff to Success Resource Fair
following New Student Convocation



Thursday, August 28: 11am–1pm
SSC Open House, SUB 1 3600 & 3B

Wednesday, September 3: 11am–2pm
Get Connected Fair, SUB 1 Quad & Wilkins Plaza

Wednesday, September 10: 11am–2pm
Fall Into Success Coaching, SUB 1 Quad

Success Coaching Walk-In Wednesdays

**Every Wednesday,
8am – 4pm**

Unlock your potential to your definition of success. Meet with a Success Coach and get the support you need to thrive this semester!



SUB 1 – Suite 3600



Connect with Student Success Coaching



@MyMasonCoach



[linkedin.com/company/mymasoncoach/](https://www.linkedin.com/company/mymasoncoach/)

[http://](http://coaching.gmu.edu)



coaching.gmu.edu



