

**WELCOME TO
ORIENTATION!**

Academic Experience Panel

2026 Family & Guest Orientation



University Life
**NEW STUDENT AND
FAMILY PROGRAMS**
George Mason University®

Faculty & Student Research

Professors love two things:

- Teaching students
- Doing scholarly work

Undergraduate Education

- Mason Core
- Office of Student Creative Activities and Research (OSCAR)
- Office of Community Engagement and Civic Learning (CECIL)

Questions to Ask Your Student

- Have you talked to your professor(s)? Have you gone to your professor's office hours yet?
- What kinds of projects are your fellow students working on?
- What kind of projects are your faculty members involved with, and have you found a faculty member who might be interested in working with you?
- Have met with an academic advisor to discuss what general education courses you will take?
- Have you noticed any connections between your courses?

Academic Success Services

- The Lab for Writing and Communication
- Math Tutoring Center
- CEC Peer Mentor Center
- Academic Departments
- Disability Services
- Learning Services



Questions to Ask Your Student

- What is your favorite class?
- What is your most difficult or challenging class?
- Are there any resources available to help you with that class?
- How can you find out about other resources?

**Students are often reluctant to admit when they are struggling in classes. It can be reassuring for them to hear about a time when you or a family member struggled in college or at work.*

Academic Advising

Supporting Student Success by Helping Students With:

- Selecting Courses
- Degree Planning & Progress
- Building Community Within Their School
- Credit for Study Abroad & Internships
- Understanding University Policies
- Communication & Self-Advocacy
- Connecting With Resources
- Exploring Academic Opportunities
- Making Connections to Careers & Alumni
- Navigating University Procedures & Systems

Students Should:

- Communicate with their advisor regarding any academic issues or concerns
- Review their degree requirements and monitor their academic progress
- Meet with their advisor at least once a semester

Have you met your **Success Coach** yet?

Success Coaches discuss all aspects of a student's life that affects their overall well-being in a 45-60 minute appointment. The Success Coaching team helps students identify resources to enhance their Patriot experiences, and develop and implement personal, career, and academic goals.

Student Success Coaching helps students:

- **Develop and set short and long-term goals; Support skill building (e.g., time management, self-advocacy, boundary setting, etc.);**
- **Support overall well-being;**
- **Assist with action planning;**
- **Provide students feedback, support, and best practices to sustain goals;**
- **Support resource navigation.**

All first-year and transfer students are assigned a Success Coach by their academic college.

**ADVANCE Students are assigned by first letter of their last name.*



All Success Coaches offer in-person & virtual appointments!

Scan here to find your Success Coach!



703-993-2470



mycoach@gmu.edu



SUB 1, Suite 3600



coaching.gmu.edu



MyMasonCoach



Student Success Coaching

Questions to Ask Your Student:

Focus Area	Questions to ask:
Academics	What classes are you excited about this semester? Have you connected with your professors for those courses?
Career	Have you thought about looking into any internship or professional opportunities in your area of interest?
Civic Engagement	Have you considered signing up for a service learning or volunteering opportunity?
Commitment to Graduation	What are you doing to stay motivated?
Effectiveness	How are you staying organized and managing your time?
Finances	Are you keeping track of how you are spending your money?
Managing Commitments	What are you doing outside of class? How are you balancing that?
School Community	What clubs or organizations are you are interested in joining?
Well-Being	Are you getting enough sleep? What is one thing you did for self-care this week?

Web Information

Undergraduate Education - Provost.gmu.edu

Learning Services - Learningservices.gmu.edu

Academic Advising - Advising.gmu.edu

Student Success Coaching - Coaching.gmu.edu

Q&A Time!

Please complete this quick feedback survey for this presentation!



New Student and Family
Programs

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