



Student Success Coaching

New Student Orientation

Summer 2026



University Life
**STUDENT SUCCESS
COACHING**
George Mason University®

Are you an ADVANCE student?
Go Connect with your ADVANCE Success Coach!

First Floor: Gold Room
Third Floor: Meeting Room A



Alexis Jenkins
Last Names A-F



Chris Davidson
Last Names O-Z



Kat Trejo
Last Names G-N

ADVANCE
A NOVA | MASON PARTNERSHIP

Session Overview

- Who are Your Success Coaches?
- How Success Coaching is on the journey with you!
- Success Coaching in Action
- Upcoming Events
- Stay Connected
- Q & A



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WHO?

Who are Success Coaches?
What do you think we do?



WHO?

Success Coach

noun

Success Coaches are here to help you thrive at George Mason! We'll work with you to set and reach your personal, career, and academic goals, connecting you to the right resources along the way. Think of us as your go-to partner to achieve your goals and for making the most of your Patriot journey.



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College of Engineering & Computing (CEC)

Meet Your Success Coaches



Keenan Young
Senior Success
Coach



Micah Hodges
Success Coach



Sam Hediger
Success Coach



Danielle Guerrier
Success Coach

**Success Coaches Micah & Sam are
available for in-person appointments for
CEC students in the Engineering Building**

Make an appointment in Patriot Connect!

Certain student groups at George Mason have Success Coaches assigned by program instead of academic college.

If you are a participant in one of the following programs, you have a pre-assigned Success Coach.

- **AVID**
- **Strive Forward Scholars**
- **DCCAP**
- **EIP**
- **Patriot Fellows**
- **STEP**

Find your Success Coach via our Find Your Coach page: coaching.gmu.edu/findyourcoach/



WHAT?



Student Success Coaching helps students:

- Develop short and long-term goals;
- Support skill building (e.g., time management, self-advocacy, boundary setting, etc.);
- Support overall well-being;
- Assist with action planning;
- Provide students support and best practices to achieve goals
- Support campus resource navigation

SSC Focus Wheel

We have nine (9) focus areas, but these don't limit what we can discuss



WHY?



Tailored Support: Coaching provides one-on-one and group support to help you define your definition of success, whether it's academic performance, career preparation, personal growth, or a blend of all.

Action Planning: Coaches work with you to break down big goals into manageable, actionable steps, making goals and success feel achievable.

Accountability & Motivation: Coaches serve as a consistent source of support and accountability, helping you stay on track and remain motivated even when faced with challenges.

Navigating Challenges: Coaches are a sounding board for academic hurdles, helping students identify root causes of difficulties and connect with appropriate university resources (tutoring, Writing Center, Disability Services, etc.).



WHEN ?



When to meet with a Success Coach

We recommend meeting with your Success Coach at least twice a semester to check-in on your success journey and create action plans towards your goals.

You don't have to wait until you need help; check in with your Success Coach when things are going well too!

When should I meet with an Academic Advisor vs. a Success Coach?

Your Academic Advisor is your primary resource to discuss course selection and overall degree progression.

Your Success Coach is a great resource to co-create academic, personal, and career action plans.

WHERE



Hours of Operation

- Monday – Friday: 8am–5pm

Success Coaching Modalities

(aka: how you can meet with a Success Coach)



In-Person

**SUB 1 Suite 3600
Nguyen Engineering Bldg.
Hanover Hall**



**Virtual
via
Zoom**



**Phone
Success Coach
will call you**

Success Coaching Drop-Ins



Monday–Friday
8am – 4pm

Unlock your potential to your definition of success. Meet with a Success Coach and get the support you need to thrive this semester!

 **SUB 1 – Suite 3600**

Success Coaching On-Location



Hanover Hall Success Coaching
(for students living on-campus)
Days & times TBD

Engineering Building Success Coaching
(for CEC students)
Days & times TBD

HOW?

Let's make your first
Success Coaching
appointment together via
Patriot Connect!



**Scan here to find
your Success Coach!**



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Meet Joe

- Communication major
 - Wants to work in journalism
- Taking 14 credits
 - Taking chemistry and chemistry lab – feeling nervous about having a lab
 - COMM 101 lecture is online
- Wants to get involved at George Mason but not sure what to do or what is out there
- Came to Success Coaching before the first semester of their first year at George Mason

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How Success Coaching Supports Joe

- Creating a plan to stay organized with a full-time courseload
- Walking through how to find academic resources such as chemistry tutoring center, Communication Center, and Learning Services
- Walking through how to find organizations on Mason360
- Talking through journalism-specific involvement such as the IVth Estate
- Discussing the level of involvement Joe is looking for and how to balance academics and clubs

Meet Nick

- Transferring to George Mason from Northern Virginia Community College
- Works 30 hours a week to pay for school
- Taking 15 credits in the fall semester
- Currently undeclared in the College of Engineering and Computing and not sure which major is the right choice
- Came to Success Coaching during the first week of their first semester at George Mason

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How Success Coaching Supports Nick

- Talking about how to manage time between academics and campus involvement
 - Creating an action plan for keeping track of tasks
- Discussing resources to help explore majors and setting up an appointment with Career Services
- Creating a plan to apply for scholarships to alleviate some financial stress
- Scheduling a check-in appointment 2 weeks later to talk about how the action plan is working and make adjustments

Meet Kevin

- Came to Success Coaching during midterms
- Feeling extremely stressed out about exams
 - Doesn't know where to start studying
 - Avoiding studying all together because it feels like too much
- Feels like they can't sleep – their mind is just constantly racing
- Questioning whether they “have what it takes” for college

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How Success Coaching Supports Kevin

- Talking through an organization strategy to keep track of tasks
- Creating a study plan to break down each exam into manageable tasks
- Working through stress management strategies and adding stress management into their action plan
- Connecting with well-being resources, such as TimelyCare, to develop better sleep habits
- Discussing rationale for being in school and reflecting on past successes connected to those goals

Live Coaching



Fall 2026 Student Success Coaching Events



Kickoff to Success Resource Fair
Friday, August 21st

Fall into Success Coaching
Wednesday, September 9th
11am–2pm

Study Buddy Session
Thursday, September 17th
3pm–5pm

Welcome2Mason Events
Check Mason360 for updated
event times and information



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Success Coaching Group Coaching

Students will have the opportunity to engage in intentional, co-curricular conversations with their Success Coaches and peers.

We'll be focusing on time management, study strategies, social connection, stress management, & more

Group Coaching opportunities will be available to all student via Mason 360.

Check Mason 360 for Fall 2026 semester dates.



Connect with Student Success Coaching



@MyMasonCoach



linkedin.com/company/mymasoncoach/



http:// coaching.gmu.edu





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presentation!**

